

HERBALS (SCIENTIFIC NAMES/COMMON NAMES; COMMON NAMES/SCIENTIFIC NAMES)

Scientific Name

Acacia senegal
Achillea collina
Achillea lanulosa
Achillea millefolium
Aconitum carmichaeli
Acorus americanus
Acorus calamus
Actaea arguta
Actaea spicata
Adonis vernalis
Agastache rugosa
Agathosma betulina
Agrimonia eupatoria
Alchemilla xanthochlora
Aletris farinosa
Alisma plantago-aquatica
Alkanna tinctoria
Allium ampeloprasum
Allium ascalonicum
Allium cepa
Allium fistulosum
Allium sativa
Aloe barbadensis
Aloysia triphylla
Althaea rosea
Amanita muscaria
Amanita phalloides
Amaranthus caudatus
Amaranthus hybridus
Ammi visagna
Amomum villosum
Anemarrhena asphodeloides
Anethum graveolens
Angelica archangelica
Angelica polymorpha
Angelica sinensis
Apium graveolens
Aralia racemosa
Arctium lappa
Arctostaphylos uva-ursi
Arnica montana
Artemisia absinthium
Artemisia vulgaris
Asarium heterotropoides

Common Name

acacia; gum arabic
 chamomile, European
 chamomile, North American
 chamomile yarrow; soldier's
 woundwort; nosebleed; milfoil
 aconite; fu tzu; monkshood; aconite
 fisheri, wolfsbane
 North American calamus; type I
 calamus
 calamus; type II calamus; sweet
 flag; sweet sedge
 baneberry
 herb christopher
 adonis
 agastache; patchouli; pogostemon
 buchu
 agrimony; sticklewort; cocklebur
 lady's mantle
 unicorn root
 alisma; marsh drain; water plantain
 alkanet
 leek
 shallot
 onion
 scallion
 garlic
 aloe; kumari
 lemon verbena
 hollyhock; althea
 fly agaric
 deadly agaric
 love lies bleeding
 amaranth; red cockscomb
 greater ammi; toothpick ammi
 amomum; grains-of-paradise;
 cardamom
 anemarrhena
 dill; dillweed
 angelica, American
 dong quai; dang gui; tang kwei
 dong quai; tang kwei
 celery; celeriac
 spikenard
 burdock; great burdock; lappa;
 bardane; beggar's button
 uva ursi; bearberry
 arnica; leopard's bane
 absinthe
 mugwort; moxa
 wild ginger; xi xin

Scientific Name

Asclepias tuberosa
Aspalathus linearis
Asparagus officinalis
Astragalus membranaceus
Atractylodes macrocephala
Atropa belladonna
Aucklandia lappa
Avena sativa
Azadirachta indica
Baptisia tinctoria
Berberis vulgaris
Betonica officinalis
Biota orientalis
Borago officinalis
Brassica alba
Brassica nigra
Bryonia alba
Bupleurum falcatum
Calendula officinalis
Camellia sinensis
Capparis spinosa
Capsella bursa-pastoris
Capsicum frutescens
Carica papaya
Carthamus tinctorius
Carum carvi
Cassia senna
Catha edulis
Caulophyllum thalictroides
Centella asiatica
Centranthus ruber
Cephaelis ipecacuanha
Cetraria islandica
Chamaelirium luteum
Chamaemelum nobile
Chamomilla recutita
Chelidonium majus
Chenopodium ambrosioides
Chicorium intybus
Chimaphilia umbellata
Chionanthus virginicus
Chondrus crispus

Common Name

pleurisy root; butterfly weed
 red bush tea; rooibos tea
 asparagus; sparrowgrass
 astragalus; huang chi; milk vetch
 root; bok kay; goat thorn
 pai shu; atractylodes
 belladonna; deadly nightshade
 aucklandia; saussurea; costus root
 oats; oat bran; oat groats
 neem tree; azedarach; Melia; nim;
 margosa
 baptisia; wild indigo; indigoweed
 barberry; piperidge bush; barberry
 wood betony
 biota; arborvitae
 borage; burrage
 mustard, white
 mustard, black or brown
 bryonia; wild hops
 bupleurum; ch'ai hu
 marigold
 tea; black tea
 capers
 shepherd's purse
 cayenne pepper; chili pepper;
 capsicum
 papaya; papain
 safflower; hong hua; red flower
 caraway
 senna; Tinnevelley senna
 khat
 blue cohosh; papoose root;
 squaw root
 gotu kola; hydrocotyle; Indian
 pennywort
 red valerian
 ipecacuanha; ipecac
 Iceland moss; Iceland lichen
 false unicorn; helonias
 chamomile; Roman chamomile;
 English chamomile
 chamomile; Hungarian chamomile;
 single chamomile
 celandine; greater celandine
 epazote; Mexican wormseed;
 American wormseed
 chicory; succory
 pipsissewa; prince pine;
 ground holly
 fringe tree
 Irish moss; carageenan

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<i>Chrysanthemum morifolium</i>	chrysanthemum; chu hua	<i>Datura stramonium</i>	datuna; stink weed; thorn apple; jimson weed; Jamestown weed
<i>Cicuta maculata</i>	water hemlock (poisonous)	<i>Digitalis purpurea</i>	foxglove
<i>Cimicifuga racemosa</i>	black cohosh, black snake root, bugbane, rattleroot, sheng ma	<i>Dioscorea floribunda</i>	Mexican wild yam
<i>Cinchona</i> spp.	quinine; cinchona bark; Peruvian bark; quina, quinaquina, quinquina; Jesuits' bark	<i>Dioscorea opposita</i>	Chinese yam
<i>Cinnamomum camphora</i>	camphor; gum camphor; laurel camphor	<i>Dioscorea paniculata</i>	wild yam; colicroot; rheumatism root
<i>Cinnamomum cassia</i>	chinese cinnamon bark; Chinese cinnamon twig; cassia twig	<i>Dioscorea villosa</i>	colic root; American wild yam
<i>Cinnamomum zeylanicum</i>	cinnamon	<i>Echinacea angustifolia</i>	echinacea; coneflower; narrow-leaved purple cone flower; purple cone flower; prairie cardamom
<i>Citrus reticulata</i>	citrus peel; chen pi; tangerine peel	<i>Elettaria cardamomum</i>	cardamom
<i>Claviceps purpurea</i>	ergot	<i>Eleutherococcus senticosus</i>	Siberian ginseng; eleutherococcus; flower; eleuthero; ciwujia; wujiaseng
<i>Cnicus benedictus</i>	blessed thistle; holy thistle; St. Benedict's thistle; Benedictine (liqueur)	<i>Ephedra nevadensis</i>	Mormon tea; popotillo; Brigham tea; teamster tea; squaw tea
<i>Cocos nucifera</i>	coconut; coconut palm	<i>Ephedra sinica</i>	ma huang; ephedra; desert tea
<i>Codonopsis pilosula</i>	don sen; tang shen; codonopsis root	<i>Epimedium pimedium grandiflorum</i>	epimedium; lusty goatherb
<i>Coffea arabica</i>	coffee	<i>Equisetum arvense</i>	horsetail
<i>Coix lachryma jobi</i>	coix; Job's tears	<i>Equisetum palustre</i>	European horsetail
<i>Cola nitida</i>	kola; cola; kola nut, kolanut; guru nut	<i>Eriobotrya japonica</i>	loquat
<i>Collinsonia canadensis</i>	collinsonia; stoneroot	<i>Eriodictyon californicum</i>	yerba santa; holy herb; mountain balm
<i>Commiphora madagascariensis</i>	Abyssinian myrrh	<i>Erythroxylum coca</i>	coca; cocaine
<i>Commiphora molmol</i>	Somalian myrrh	<i>Eschscholzia californica</i>	California poppy
<i>Commiphora myrrha</i>	myrrh; guggul	<i>Eucalyptus globulus</i>	eucalyptus; blue gum tree
<i>Consolida regalis</i>	larkspur	<i>Eucommia ulmoides</i>	eucommia bark
<i>Convallaria majalis</i>	lily of the valley	<i>Eupatorium perfoliatum</i>	boneset; feverwort; thoroughwort
<i>Convolvulus scammonia</i>	scammany; Mexican scammany; scammony	<i>Eupatorium purpureum</i>	gravel root; Joe-Pye weed; queen of the meadow
<i>Convolvulus</i> spp.	bush morning glory	<i>Euphorbia longana</i>	longan berries; long yen rou; dragon's eyes
<i>Coptis chinensis</i>	coptis; Chinese goldthread	<i>Euphorbia</i> spp.	eyebright; spurge
<i>Coriander sativum</i>	coriander	<i>Euphrasia officinalis</i>	eyebright; euphrasia
<i>Cornus officinalis</i>	cornus; Asiatic cornelian cherry; Asiatic dogwood	<i>Evodia rutaecarpa</i>	evodia fruit
<i>Corydalis yanhusuo</i>	corydalis	<i>Ferula asafoetida</i>	asafoetida; devil's dung; gum asafetida
<i>Crataegus laevigata</i>	hawthorn	<i>Foeniculum vulgare</i>	fennel
<i>Crocus sativus</i>	saffron	<i>Fucus vesiculosus</i>	kelp; bladderwrack
<i>Croton tiglium</i>	croton oil	<i>Galium aparine</i>	cleavers; clivers; goose grass; bedstraw
<i>Cryptotympana atrata</i>	cicada (insect)	<i>Ganoderma lucidum</i>	ganoderma; ling zhi; reishi
<i>Cucurbita maxima</i>	autumn squash seeds	<i>Garcinia cambogia</i>	garcinia; Malabar tamarind
<i>Cucurbita moschata</i>	Canada pumpkin; crookneck squash	<i>Gastrodia elata</i>	gastrodia; heavenly hemp
<i>Cucurbita popo</i>	pumpkin seeds; pepo	<i>Gelsemium sempervirens</i>	Carolina jessamine; yellow jasmine
<i>Cuminum cymium</i>	cumin	<i>Gentiana lutea</i>	gentian; Angostura Bitters
<i>Curcuma longa</i>	turmeric	<i>Gentiana scabra</i>	gentiana
<i>Cuscuta chinensis</i>	cuscuta; Chinese dodder	<i>Geranium maculatum</i>	cranesbill root; wild geranium; storksbill; alumroot
<i>Cydonia japonica</i>	flowering quince	<i>Gillenia trifoliata</i>	Indian physic
<i>Cymbopogon citratus</i>	lemongrass	<i>Ginkgo biloba</i>	ginkgo; ginkgo nut; maidenhair tree
<i>Cyperus rotundus</i>	cyperus; sedge root; nut-grass rhizome	<i>Glycyrrhiza glabra</i>	licorice, licorice; gan t'sao
<i>Cypripedium calceolus</i>	lady slipper; nerveroot	<i>Gonolobus condurango</i>	condurango
<i>Cytisus scoparius</i>	broom; broom top; Scotch broom; Scotch bloom	<i>Gratiola</i> spp.	hedge hyssop

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<i>Hamamelis virginiana</i>	witch hazel	<i>Matteuccia struthiopteris</i>	ostrich fern
<i>Harpagophytum procumbens</i>	devil's claw; wood spider; grapple plant	<i>Medicago sativa</i>	alfalfa; lucerne
<i>Hedeoma pulegioides</i>	pennyroyal	<i>Melaleuca alternifolia</i>	tea tree; tea tree oil
<i>Hemidesmus indicus</i>	false sarsaparilla; Indian sarsaparilla	<i>Melaleuca leucadendron</i>	cajuput; cajeput; punk tree; white tea tree; tea tree
<i>Hibiscus sabdariffa</i>	hibiscus; roselle; Sudanese tea; red tea; Jamaica sorrel	<i>Melissa officinalis</i>	lemon balm; melissa; balm
<i>Hordeum vulgare</i>	barley; pearl barley; prelate	<i>Mentha haplocalyx</i>	field mint
<i>Humulus lupulus</i>	hops	<i>Mentha piperata</i>	peppermint
<i>Hydrangea arborescens</i>	hydrangea; seven barks	<i>Mentha pulegium</i>	pennyroyal, European
<i>Hydrastis canadensis</i>	goldenseal; puccoon root; yellowroot; hydrastis	<i>Mentha spicata</i>	spearmint; garden mint
<i>Hyoscyamus niger</i>	henbane	<i>Mitchella repens</i>	squawvine; partridgeberry
<i>Hypericum perforatum</i>	St. John's wort	<i>Morus alba</i>	mulberry; white mulberry
<i>Hyssopus officinalis</i>	hyssop	<i>Myrica cerifera</i>	bayberry; candleberry; waxberry; myrtle; wax myrtle
<i>Ignatia amara</i>	St. Ignatius bean	<i>Myrica pennsylvanica</i>	bayberry
<i>Ilex cassine</i>	yaupon hollies	<i>Myristica fragrans</i>	nutmeg
<i>Ilex paraguariensis</i>	maté	<i>Nasturtium officinale</i>	watercress
<i>Indigofera tinctoria</i>	indigo	<i>Nepeta cataria</i>	catnip; catmint
<i>Inula helenium</i>	elecampane; scabwort; elf dock; horseheal	<i>Ocimum basilicum</i>	basil
<i>Ipomoea purpurea</i>	morning glory	<i>Oenothera biennis</i>	evening primrose; sundrops
<i>Iris versicolor</i>	poison flag; wild iris; blue flag; flag lily; fleur-de-lis; liver lily	<i>Ophiopogon japonicus</i>	Japanese turf lily; creeping lily root; dwarf lilyturf
<i>Juglans nigra</i>	walnut, black	<i>Oplopanax horridus</i>	devil's club
<i>Juniperus communis</i>	juniper	<i>Origanum majorana</i>	marjoram
<i>Lactuca virosa</i>	lettuce opium; lactucarium; wild lettuce	<i>Oryza sativa</i>	rice; rice bran
<i>Larrea tridentata</i>	chapparal; creosote bush; greasewood	<i>Paeonia lactiflora</i>	peony; shao-yao
<i>Laurelis nobilis</i>	bay	<i>Panax ginseng</i>	ginseng, Asian; jen sheng; shiu chu root; ren sheng
<i>Lavandula angustifolia</i>	lavender; garden lavender	<i>Panax notoginseng</i>	tienchi; notoginseng root
<i>Ledebouria divaricata</i>	sileris; fang feng	<i>Panax pseudo-ginseng</i>	san qui ginseng; tienchi ginseng; sanchi ginseng
<i>Ledum palustre</i>	marsh tea	<i>Panax quinquefolius</i>	ginseng, American
<i>Lentinula edodes</i>	shiitake	<i>Papaver rhoeas</i>	poppy, red
<i>Leonurus cardiaca</i>	motherwort; lion's-tail; mother herb; yi mu cao	<i>Papaver somniferum</i>	poppy, opium
<i>Leptandra virginica</i>	Culver root; black root; physic root	<i>Parthenium integrifolium</i>	prairie dock
<i>Levisticum officinale</i>	lovage; Maggi plant	<i>Passiflora incarnata</i>	passion flower; passionflower
<i>Ligusticum chuanxiong</i>	cnidium; chuanxiong; Chinese lovage	<i>Paullinia cupana</i>	guarana
<i>Ligustrum lucidum</i>	privet fruit; ligustrum	<i>Pausinystalia yohimba</i>	yohimbe
<i>Liquidambar spp.</i>	sweet gum	<i>Periploca sepium</i>	silk vine
<i>Liriosma ovata</i>	muiira puama; potency wood	<i>Petroselinum crispum</i>	parsley
<i>Lobelia inflata</i>	lobelia; Indian tobacco; pukeweed	<i>Pfaffia paniculata</i>	suma; para toda; Brazilian ginseng
<i>Lobelia spp.</i>	eyebright	<i>Phoradendron leucarpum</i>	American mistletoe
<i>Lonicera japonica</i>	Japanese honeysuckle; yin hua	<i>Phyllanthus emblica</i>	myrobalan, emblic; triphala; Indian gooseberry
<i>Lycium chinensis</i>	lycii; gay gee; lycium fruit	<i>Physostigma venenosum</i>	physostigma
<i>Lycopodium clavatum</i>	club moss	<i>Phytolacca americana</i>	poke; pokeweed; pokeroot
<i>Lytta (Cantharis) vesicatoria</i>	Spanish fly; Russian fly	<i>Pimenta officinalis</i>	pimento; pimenta; allspice
<i>Magnolia lilliflora</i>	magnolia buds	<i>Pimpinella anisum</i>	anise; aniseed
<i>Mahonia aquifolium</i>	barberry; Oregon grape	<i>Pinus mugo</i>	dwarf pine (oil); mugo pine
<i>Malva sylvestris</i>	malva; marshmallow; marsh mallow	<i>Pinus pinaster</i>	Pycnogenol
<i>Marrubium vulgare</i>	horehound; hoarhound	<i>Piper methysticum</i>	kava; kava kava; kawa
<i>Matricaria recutita</i>	chamomile; German chamomile; Hungarian chamomile	<i>Piper nigrum</i>	black pepper

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<i>Plantago lanceolata</i>	plantago; Englishman's foot; greater plantain; ribwort	<i>Ruscus aculeatus</i>	butcher's-broom; box holly; knee holly; Knee holy; pettier; sweet broom
<i>Plantago ovata</i>	psyllium; ispaghul	<i>Ruta graveolens</i>	rue; garden rue
<i>Platycodon grandiflorum</i>	platycodon; jie geng	<i>Sabbatia</i> spp.	eyebright
<i>Podophyllum peltatum</i>	mayapple; mandrake; vegetable calomel; devil's-apple	<i>Salix alba</i>	willow; white willow
<i>Polygonum bistorta</i>	bistort; snakeweed; adderwort; dragonwort	<i>Salvia miltiorrhiza</i>	salvia; dang shen
<i>Polygonum multiflorum</i>	fo-ti; he-shou-wu; ho shou wu; fleece-flower root	<i>Salvia officinalis</i>	sage
<i>Polygala senega</i>	senega snakeroot; Seneca snakeroot; senega	<i>Sambucus niger</i>	elder
<i>Populus balsamifera</i>	balm of Gilead; quaking aspen; white poplar	<i>Sambucus racemosa</i>	red elder
<i>Poria cocos</i>	fu ling	<i>Sanguinaria canadensis</i>	bloodroot; redroot; red Indian paint; tetterwort
<i>Prunus africana</i>	pygeum	<i>Sanguisorba minor</i>	burnet; sanguisorba; salad burnet
<i>Prunus armeniaca</i>	apricot pit; laetrile; vitamin B17; amygdalin; ku xing ren; persica; apricot kernel oil	<i>Sanguisorba officinalis</i>	great burnet
<i>Prunus persica</i>	persic oil; peach kernel oil	<i>Santalum album</i>	sandalwood (oil)
<i>Prunus serotina</i>	wild cherry bark	<i>Sargassum pallidum</i>	sargassum seaweed
<i>Prunus virginiana</i>	chokecherry	<i>Sassafras albidum</i>	sassafras
<i>Ptychopetalum olacoides</i>	muira puama; potency wood	<i>Satureja hortensis</i>	summer savory; Bohnenkraut
<i>Pueraria lobata</i>	pueraria; ko ken; kudzu; kuzu root	<i>Satureja montana</i>	winter savory
<i>Pulmonaria angustifolia</i>	lungwort; blue cowslip	<i>Schisandra chinensis</i>	schisandra
<i>Pulsatilla nigricans</i>	windflower	<i>Scilla sibirica</i>	squill, Siberian
<i>Puschkina scilloides libanotica</i>	squill, Lebanon	<i>Scutellaria lateriflora</i>	skullcap; skullcap; blue skullcap; huang chi; scutellaria
<i>Quercus</i> spp.	acorn; oak	<i>Selenicereus grandiflorus</i>	night-blooming cereus
<i>Quillaja saponaria</i>	quillaja; soapbark	<i>Senecio aureus</i>	life root; golden senecio; ragwort; false valerian; squaw weed
<i>Ranunculus ficaria</i>	pilewort	<i>Senecio cineraria</i>	dusty miller; cineraria
<i>Ranunculus</i> spp.	buttercup; ranunculus	<i>Serenoa repens</i>	saw palmetto; sabal
<i>Raphanus raphanistrum</i>	wild radish	<i>Sesamum indicum</i>	sesame (oil)
<i>Rauwolfia serpentina</i>	rauwolfia	<i>Silybum marianum</i>	milk thistle; Marian thistle; St. Mary's thistle; Our Lady's thistle
<i>Rehmannia glutinosa</i>	rehmannia; sok day; san day; Chinese floxglove root	<i>Simmondsia chinensis</i>	jojoba oil
<i>Rhamnus cathartica</i>	buckthorn; common buckthorn	<i>Smilax aristolochiaefolia</i>	sarsaparilla, Mexican
<i>Rhamnus purshiana</i>	casaca sagrada; sacred bark; chittem bark	<i>Smilax febrifuga</i>	sarsaparilla, Ecuadorian
<i>Rheum palmatum</i>	rhubarb; Chinese rhubarb; da huang; Turkey rhubarb; garden rhubarb	<i>Smilax medica</i>	sarsaparilla
<i>Rhus toxicodendron</i>	poison ivy	<i>Smilax ornata</i>	sarsaparilla, Jamaican
<i>Rhus venenata</i>	poison sumac	<i>Smilax regelii</i>	sarsaparilla, Honduran
<i>Ribes nigrum</i>	European currant	<i>Solanum capsicastrum</i>	false Jerusalem cherry
<i>Ricinus communis</i>	castor-oil plant; castor bean; palma Christi	<i>Spartium junceum</i>	Spanish broom; gorse
<i>Rosa canina</i>	rose hip	<i>Spiraea</i> spp.	spirea
<i>Rosmarinus officinalis</i>	rosemary	<i>Spirulina maxima</i>	spirulina; dihe; tecuitlatl; blue-green algae
<i>Rubus idaeus</i>	raspberry	<i>Stachys officinalis</i>	betony; wood betony
<i>Rubus fruticosus</i>	blackberry	<i>Stellaria media</i>	chickweed; starweed
<i>Rumex acetosella</i>	sheep sorrel	<i>Sterculia urens</i>	sterculia gum; karaya gum
<i>Rumex crispus</i>	yellow dock; broad leaved dock; curly dock; sourdock; curled dock	<i>Strophanthus gratus</i>	ouabain
<i>Rumex hymenosepalus</i>	canaigre; wild red American ginseng; wild red desert ginseng; Indian tan plant	<i>Strychnos nux-vomica</i>	strychnine
		<i>Symphytum asperum</i>	prickly comfrey
		<i>Symphytum officinale</i>	comfrey; knitbone, salsify
		<i>Symphytum x uplandicum</i>	Russian comfrey
		<i>Syzygium aromaticum</i>	cloves
		<i>Syzygium paniculatum</i>	bush cherry

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<i>Tabebuia avellanedae</i>	pau d'arco; ipe roxo; lapacho; taheebo tea; lapacho colorado, lapacho morado	<i>Vaccinium macrocarpon</i>	cranberry
<i>Tabebuia heptaphylla</i>	pau d'arco; lapacho; tabebuia; purple lapacho	<i>Vaccinium myrtillus</i>	bilberry
<i>Tagetes</i> spp.	marigold	<i>Vaccinium oxycoccos</i>	European cranberry
<i>Tamarindus indica</i>	tamarind	<i>Vaccinium</i> spp.	blueberry
<i>Tanacetum parthenium</i>	feverfew	<i>Valeriana officinalis</i>	valerian
<i>Tanacetum vulgare</i>	tansy, bachelor's button	<i>Vanilla planifolia</i>	vanilla; Bourbon vanilla; Mexican vanilla
<i>Taraxacum mongolicum</i>	Chinese dandelion	<i>Vanilla tahitensis</i>	vanilla; Tahitian vanilla
<i>Taraxacum officinale</i>	dandelion	<i>Verbascum thapsus</i>	mullein
<i>Terminalia bellerica</i>	myrobalan, beleric; triphala; bhhibitaki	<i>Verbena officinalis</i>	vervain; blue vervain
<i>Terminalia chebula</i>	myrobalan, chebulic; triphala; ho-tzu ch	<i>Veronica</i> spp.	creeping speedwell; veronica
<i>Teucrium canadense</i>	common germander; pink skullcap	<i>Viburnum opulus</i>	cramp bark; Guelder rose; snowball tree
<i>Theobroma cacao</i>	coco; cocoa	<i>Viburnum prunifolium</i>	black haw, American sloe, stagbush
<i>Thymus vulgaris</i>	thyme	<i>Vinca rosea</i>	periwinkle
<i>Tilia cordata</i>	linden; linden flower; lime flowers	<i>Viola odorata</i>	violet; sweet violet
<i>Tilia tomentosa</i>	silver linden	<i>Viscum album</i>	mistletoe, European
<i>Toluijera balsamum</i>	tolu; tolu balsam	<i>Vitex agnus-castus</i>	chaste berries; vitex; monk pepper; chaste tree; hemp tree
<i>Trifolium pratense</i>	red clover	<i>Vitis vinifera</i>	grape seed extract
<i>Trigonella foenum-graecum</i>	fenugreek	<i>Withania somnifera</i>	ashwaganda
<i>Triticum aestivum</i>	wheat; wheat bran	<i>Yucca aloifolia</i>	yucca; Spanish bayonet; dagger plant
<i>Tropaeolum</i> spp.	nasturtium	<i>Yucca brevifolia</i>	yucca; Joshua tree
<i>Turnera diffusa</i>	damiana	<i>Yucca glauca</i>	yucca; soapweed
<i>Tussilago farfara</i>	coltsfoot; coughwort; horsehoof	<i>Yucca schidigera</i>	yucca; Mohave yucca
<i>Ulmus rubra</i>	slippery elm; red elm	<i>Yucca whipplei</i>	yucca; our-Lord's-candle
<i>Uncaria tomentosa</i>	cat's claw; una de gato	<i>Zanthoxylum americanum</i>	prickly ash; toothache tree
<i>Urginea indica</i>	Indian squill	<i>Zea mays</i>	corn (silk); Indian corn; maize; yumixu; stigmata maydis
<i>Urginea maritima</i>	squill; scilla, urgencea; sea onion; red squill; white squill	<i>Zingiber officinale</i>	ginger; Jamaica ginger; African ginger; Cohin ginger; gan-jian
<i>Urtica dioica</i>	nettle; stinging nettle	<i>Ziziphus jujube</i>	jujube date; da t'sao
<i>Usnea barbata</i>	usnea; beard lichen; larch moss; old man's beard		

Common Name	Scientific Name	Common Name	Scientific Name
absinthe	<i>Artemisia absinthium</i>	azedarach	<i>Azadirachta indica</i>
Abyssinian myrrh	<i>Commiphora madagascariensis</i>	bachelor's button	<i>Tanacetum vulgare</i>
acacia; gum arabic	<i>Acacia senegal</i>	balm of Gilead; quaking aspen; white poplar	<i>Populus balsamifera</i>
aconite fisheri	<i>Aconitum carmichaeli</i>	balm	<i>Melissa officinalis</i>
aconite; fu tzu; monkshood; aconite fisheri	<i>Aconitum carmichaeli</i>	baneberry	<i>Actaea arguta</i>
acorn; oak	<i>Quercus</i> spp.	baptisia; wild indigo; indigoweed	<i>Baptisia tinctoria</i>
adderwort	<i>Polygonum bistorta</i>	barberry; piperidge bush	<i>Berberis vulgaris</i>
adonis	<i>Adonis vernalis</i>	bardane	<i>Arctium lappa</i>
African ginger	<i>Zingiber officinale</i>	barley; pearl barley; prelate	<i>Hordeum vulgare</i>
agastache; patchouli; pogostemon	<i>Agastache rugosa</i>	basil	<i>Ocimum basilicum</i>
agrimony; sticklewort; cocklebur	<i>Agrimonia eupatoria</i>	bay	<i>Laurelis nobilis</i>
alfalfa; lucerne	<i>Medicago sativa</i>	bayberry	<i>Myrica pennsylvanica</i>
alisma; marsh drain; water plantain	<i>Alisma plantago-aquatica</i>	bayberry; candleberry; waxberry; wax myrtle	<i>Myrica cerifera</i>
alkanet	<i>Alkanna tinctoria</i>	bearberry	<i>Arctostaphylos uva-ursi</i>
allspice	<i>Pimenta officinalis</i>	beard lichen	<i>Usnea barbata</i>
aloe; kumari	<i>Aloe barbadensis</i>	bedstraw	<i>Galium aparine</i>
althea	<i>Althea rosea</i>	beggar's button	<i>Arctium lappa</i>
alumroot	<i>Geranium maculatum</i>	belladonna; deadly nightshade	<i>Atropa belladonna</i>
amaranth; love lies bleeding; red cockscomb	<i>Amaranthus hybridus</i>	Benedictine (liqueur)	<i>Cnicus benedictus</i>
American mistletoe	<i>Phoradendron leucarpum</i>	berberis	<i>Berberis nervosa</i>
American sloe	<i>Viburnum prunifolium</i>	betony; wood betony	<i>Stachys officinalis</i>
American wild yam	<i>Dioscorea villosa</i>	bhibitaki	<i>Terminalia bellerica</i>
American wormseed	<i>Chenopodium ambrosioides</i>	bilberry	<i>Vaccinium myrtillus</i>
amomum; grains-of-paradise; cardamom	<i>Amomum villosum</i>	biota; arborvitae	<i>Biota orientalis</i>
amygdalin	<i>Prunus armeniaca</i>	bistort; snakeweed; adderwort; dragonwort	<i>Polygonum bistorta</i>
anemarrhena	<i>Anemarrhena asphodeloides</i>	blackberry	<i>Rubus fruticosus</i>
angelica, American	<i>Angelica archangelica</i>	black cohosh; black snake root; bugbane; rattle root	<i>Cimicifuga racemosa</i>
Angostura Bitters	<i>Gentiana lutea</i>	black haw; American sloe; stagbush	<i>Viburnum prunifolium</i>
anise	<i>Pimpinella anisum</i>	black pepper	<i>Piper nigrum</i>
aniseed	<i>Pimpinella anisum</i>	black root	<i>Leptandra virginica</i>
apricot pit; laetrile; vitamin B17; amygdalin; apricot kernel oil; ku xing ren; persica oil	<i>Prunus armeniaca</i>	black snake root	<i>Cimicifuga racemosa</i>
arborvitae	<i>Biota orientalis</i>	black tea	<i>Camellia sinensis</i>
arnica; leopard's bane	<i>Arnica montana</i>	bladderwrack	<i>Fucus vesiculosus</i>
asafoetida; devil's dung; gum asafetida	<i>Ferula asafoetida</i>	blessed thistle; holy thistle; St. Benedict's thistle; Benedictine (liqueur)	<i>Cnicus benedictus</i>
asparagus; sparrowgrass	<i>Asparagus officinalis</i>	bloodroot; redroot; red Indian paint; tetterwort	<i>Sanguinaria canadensis</i>
ashwaganda	<i>Withania somnifera</i>	blueberry	<i>Vaccinium</i> spp.
Asiatic cornelian cherry	<i>Cornus officinalis</i>	blue cohosh; papoose root; squaw root	<i>Caulophyllum thalictroides</i>
Asiatic dogwood	<i>Cornus officinalis</i>	blue cowslip	<i>Pulmonaria angustifolia</i>
astragalus; Huang chi; milk vetch root; bok kay; goat thorn	<i>Astragalus membranaceus</i>	blue flag; flag lily; fleur-de-lis; liver lily	<i>Iris versicolor</i>
atractylodes	<i>Atractylodes macrocephala</i>	blue-green algae	<i>Spirulina maxima</i>
aucklandia; saussurea; costus root	<i>Aucklandia lappa</i>	blue gum tree	<i>Eucalyptus globulus</i>
autumn squash seeds	<i>Cucurbita maxima</i>	blue skullcap	<i>Scutellaria lateriflora</i>

Common Name	Scientific Name	Common Name	Scientific Name
blue vervain	<i>Verbena officinalis</i>	carageenan	<i>Chondrus crispus</i>
Bohnenkraut	<i>Satureja hortensis</i>	caraway	<i>Carum carvi</i>
bok kay	<i>Astragalus membranaceus</i>	cardamom	<i>Elettaria cardamomum</i>
boneset; feverwort; thoroughwort	<i>Eupatorium perfoliatum</i>	cardamom	<i>Amomum villosum</i>
borage; burrage	<i>Borago officinalis</i>	Carolina jessamine; yellow jasmine	<i>Gelsemium sempervirens</i>
Bourbon vanilla	<i>Vanilla tahitensis</i>	casacara sagrada; sacred bark; chittem bark	<i>Rhamnus purshiana</i>
box holly	<i>Ruscus aculeatus</i>	cassia twig	<i>Cinnamomum cassia</i>
Brazilian ginseng	<i>Pfaffia paniculata</i>	castor-oil plant; castor bean; palma Christi	<i>Ricinus communis</i>
Brigham tea	<i>Ephedra nevadensis</i>	cat's claw; una de gato	<i>Uncaria tomentosa</i>
broad leaved dock	<i>Rumex crispus</i>	catnip, catmint	<i>Nepeta cataria</i>
broom top	<i>Cytisus scoparius</i>	cayenne pepper	<i>Capsicum frutescens</i>
broom; broom top; Scotch broom; Scotch bloom	<i>Cytisus scoparius</i>	celandine; greater celandine	<i>Chelidonium majus</i>
bryonia; wild hops	<i>Bryonia alba</i>	celery; celeriac	<i>Apium graveolens</i>
buchu	<i>Agathosma betulina</i>	ch'ai hu	<i>Bupleurum falcatum</i>
buckthorn; common buckthorn	<i>Rhamnus cathartica</i>	chamomile, European	<i>Achillea collina</i>
bugbane	<i>Cimicifuga racemosa</i>	chamomile; German chamomile; Hungarian chamomile	<i>Matricaria recutita</i>
bupleurum; ch'ai hu	<i>Bupleurum falcatum</i>	chamomile, North American	<i>Achillea lanulosa</i>
burdock; great burdock; lappa; bardane; beggar button	<i>Arctium lappa</i>	chamomile; Roman chamomile; chamomile	<i>Chamaemelum nobile</i>
burnet; sanguisorba; salad burnet	<i>Sanguisorba minor</i>	chamomile; yarrow; milfoil	<i>Achillea millefolium</i>
burrage	<i>Borago officinalis</i>	chapparal; creosote bush; greasewood	<i>Laurea tridentata</i>
bush cherry	<i>Syzygium paniculatum</i>	chaste berries; vitex; monk pepper; chaste tree; hemp tree	<i>Vitex agnus-castus</i>
bush morning glory	<i>Convolvulus spp.</i>	chen pi	<i>Citrus reticulata</i>
butcher's-broom; box holly; knee holly; Kneeholy; pettier; sweet broom	<i>Ruscus aculeatus</i>	chickweed; starweed	<i>Stellaria media</i>
buttercup; ranunculus	<i>Ranunculus spp.</i>	chicory; succory	<i>Chicorium intybus</i>
butterfly weed	<i>Asclepias tuberosa</i>	chili pepper	<i>Capsicum frutescens</i>
coco; cocoa	<i>Theobroma cacao</i>	Chinese cinnamon bark; Chinese cinnamon twig;	<i>Cinnamomum cassia</i>
cajeput	<i>Melaleuca leucadendron</i>	cassia twig	
cajuput; cajeput; punk tree; white tea tree; tea tree	<i>Melaleuca leucadendron</i>	Chinese dandelion	<i>Taraxacum mongolicum</i>
calamus; type II calamus; sweet flag; sweet sedge	<i>Acorus calamus</i>	Chinese dodder	<i>Cuscuta chinensis</i>
calcium pangamate	not biological	Chinese floglove root	<i>Rehmannia glut(inos)a</i>
California poppy	<i>Eschscholzia californica</i>	Chinese goldthread	<i>Coptis chinensis</i>
Camomile; Hungarian camommile; single camomile	<i>Chamomilla recutita</i>	Chinese lovage	<i>Ligusticum chuanxiong</i>
camphor; gum camphor; laurel camphor	<i>Cinnamomum camphora</i>	Chinese rhubarb	<i>Rheum palmatum</i>
Canada pumpkin; crookneck squash	<i>Cucurbita moschata</i>	Chinese yam	<i>Dioscorea opposita</i>
canaigre; wild red American ginseng; wild red desert ginseng; Indian tan plant	<i>Rumex hymenosepalus</i>	chittem bark	<i>Rhamnus purshiana</i>
candleberry	<i>Myrica cerifera</i>	chokecherry	<i>Prunus virginiana</i>
capers	<i>Capparis spinosa</i>	chrysanthemum; chu hua	<i>Chrysanthemum morifolium</i>
capsicum; cayenne pepper; chili pimienta	<i>Capsicum frutescens</i>	chuanxiong	<i>Ligusticum chuanxiong</i>
		chu hua	<i>Chrysanthemum morifolium</i>
		cicada (insect)	<i>Cryptotympana atrata</i>
		cinchona bark	<i>Cinchona spp.</i>
		cineraria	<i>Senecio cineraria</i>
		cinnamon	<i>Cinnamomum zeylanicum</i>

Common Name**Scientific Name**

citrus peel; chen pi;
tangerine peel
ciwujia
cleavers; clivers;
goose grass; bedstraw
cloves
club moss
cnidium; chuanxiong;
Chinese lovage
coca; cocaine
cocaine
cocklebur
cocoa
coconut; coconut palm
codonopsis root
coffee
Cohin ginger *-see-* ginger
coix; Job's tears
cola
colic root; American wild yam
colicroot
collinsonia; stoneroot
coltsfoot; coughwort;
horsehoof
comfrey; knitbone
common germander;
pink skullcap
common buckthorn
condurango
coneflower
coptis; Chinese goldthread
coriander
corn silk; yumixu;
stigmata maydis
cornus; Asiatic cornelian
cherry; Asiatic dogwood
corydalis
costus root
coughwort
cramp bark; Guelder rose;
snowball tree
cranberry
cranesbill root; wild
geranium; storksbill;
alumroot
creeping lily root
creeping speedwell; veronica
creosote bush
crookneck squash
croton oil
Culver root; black root;
physic root
cumin
curled dock

Citrus reticulata
Eleutherococcus senticosus
Galium aparine

Syzygium aromaticum
Lycopodium clavatum
Ligusticum chuanxiong

Erythroxylum coca
Erythroxylum coca
Agrimonia eupatoria
Theobroma cacao
Cocos nucifera
Codonopsis pilosula
Coffea arabica
Zingiber officianale
Coix lachryma jobi
Cola mitida
Dioscorea villosa
Dioscorea paniculata
Collinsonia canadensis

Tussilago farfara
Symphytum officinale
Teucrium canadense

Rhamnus cathartica
Gonolobus condurango
Echinacea angustifolia
Coptis chinensis
Coriander sativum
Zea mays

Cornus officinalis

Corydalis yanhusuo
Aucklandia lappa
Tussilago farfara
Viburnum opulus

Vaccinium macrocarpon
Geranium maculatum

Ophiopogon japonicus
Veronica spp.
Larrea tridentata
Cucurbita moschata
Croton tiglium
Leptandra virginica

Cuminum cymium
Rumex crispus

Common Name**Scientific Name**

curly dock
cuscuta; Chinese dodder
cyperus; sedge root
da huang
da t'sao
dagger plant
damiana
dandelion
dang gui
dang shen
deadly nightshade
desert tea
devil's apple
devil's claw; Teufelskralle;
wood spider; grapple plant
devil's club
devil's dung
dihe
dill; dillweed
don sen; tang shen;
codonopsis root
dong quai; tang kwei
dong quai; dang gui; tang kwei
dragon's eyes
dragonwort
dusty miller; cineraria
dwarf lilyturf
echinacea; coneflower;
narrow-leaved purple cone
flower; purple cone flower;
prairie
Ecuadorian sarsaparilla
elder
elecampane; scabwort;
elf dock; horseheal
eleuthero
eleutherococcus
elf dock
English chamomile
Englishman's foot
epazote; Mexican wormseed;
American wormseed
ephedra; ma huang
epimedium; lusty goatherb
ergot
eucalyptus; blue gum tree
eucommia bark
euphrasy
European black currant
European cranberry
European horsetail
European mistletoe
evening primrose; sundrops

Rumex crispus
Cuscuta chinensis
Cyperus rotundus
Rheum palmatum
Ziziphus jujube
Yucca aloifolia
Turnera diffusa
Taraxacum officinale
Angelica polymorpha
Salvia militorrhiza
Atropa belladonna
Ephedra sinica
Podophyllum peltatum
Harpagophytum procumbens

Oplonanax horridus
Ferula asafoetida
Spirulina maxima
Anethum graveolens
Codonopsis pilosula

Angelica sinensis
Angelica polymorpha
Euphorbia longana
Polygonum bistorta
Senecio cineraria
Ophiopogon japonicus
Echinacea angustifolia

Smilax febrifuga
Sambucus niger
Inula helenium

Eleutherococcus senticosus
Eleutherococcus senticosus
Inula helenium
Matricaria recutita
Plantago lanceolata
Chenopodium ambrosioides

Ephedra sinica
Epimedium pimedium grandiflorum
Claviceps purpurea
Eucalyptus globulus
Eucommia ulmoides
Euphrasia officinalis
Ribes nigrum
Vaccinium oxycoccos
Equisetum palustre
Viscum album
Oenothera biennis

Common Name	Scientific Name	Common Name	Scientific Name
evodia fruit	<i>Evodia rutaecarpa</i>	goose grass	<i>Galium aperine</i>
eyebright	<i>Lobelia</i> spp.	gorse	<i>Spartium, junceum</i>
eyebright	<i>Sabbatia</i> spp.	gotu kola; hydrocotyle; Indian pennywort	<i>Centella asiatica</i>
eyebright; euphrasy	<i>Euphrasia officinalis</i>	grains-of-paradise	<i>Amomum villosum</i>
eyebright; spurge	<i>Euphorbia</i> spp.	grape seed extract	<i>Vitis vinifera</i>
false Jerusalem cherry	<i>Solanum capsicastrum</i>	grapple plant	<i>Harpagophytum procumbens</i>
false sarsaparilla; Indian sarsaparilla	<i>Hemidesmus indicus</i>	gravel root; Joe-Pye weed; queen of the meadow	<i>Eupatorium purpureum</i>
false unicorn; helonias	<i>Chamaelirium luteum</i>	greasewood	<i>Larrea tridentata</i>
false valerian	<i>Senecio aureus</i>	great burdock	<i>Arcticum lappa</i>
fang feng	<i>Ledebouriella divaricata</i>	great burnet	<i>Sanguisorba officinalis</i>
fennel	<i>Foeniculum vulgare</i>	greater ammi; toothpick ammi	<i>Ammi visagna</i>
fenugreek	<i>Trigonella foenum-graecum</i>	greater celandine	<i>Chelidonium majus</i>
feverfew	<i>Tanacetum parthenium</i>	greater plantain	<i>Plantago lanceolata</i>
feverwort	<i>Eupatorium perfoliatum</i>	ground holly	<i>Chimaphilia umbellata</i>
field mint	<i>Mentha haplocalyx</i>	guarana	<i>Paullinia cupana</i>
flag lily	<i>Iris versicolor</i>	Guelder rose	<i>Viburnum opulus</i>
fleece-flower root	<i>Polygonum multiflorum</i>	guggul	<i>Commiphora myrrha</i>
fleur-de-lis	<i>Iris versicolor</i>	gum asafetida	<i>Ferula asafoetida</i>
flowering quince	<i>Cydonia japonica</i>	gum camphor	<i>Cinnamomum camphora</i>
fo-ti; he-shou-wu	<i>Polygonum multiflorum</i>	guru nut	<i>Cola nitida</i>
foxtglove	<i>Digitalis purpurea</i>	hawthorn	<i>Crataegus laevigata</i>
fringe tree	<i>Chionanthus virginicus</i>	he-shou-wu	<i>Polygonum multiflorum</i>
fu ling	<i>Poria cocos</i>	heavenly hemp	<i>Gastrodia elata</i>
fu tzu	<i>Aconitum carmichaeli</i>	hedge hyssop	<i>Gratiola</i> spp.
gan-jian	<i>Zingiber officinale</i>	helonias	<i>Chamaelirium luteum</i>
ganoderma; ling zhi; reishi	<i>Ganoderma lucidum</i>	hemp tree	<i>Vitex agnus-castus</i>
gan t-sao	<i>Glycyrrhiza glabra</i>	henbane	<i>Hyoscyamus niger</i>
garcinia; Malabar tamarind	<i>Garcinia cambogia</i>	herb-christopher	<i>Actaea spicata</i>
garden lavender	<i>Lavandula angustifolia</i>	hibiscus; roselle; Sudanese tea; red tea; Jamaica sorrel	<i>Hibiscus sabdariffa</i>
garden mint	<i>Mentha spicata</i>	hoarhound	<i>Marrubium vulgare</i>
garden rhubarb	<i>Rheum palmatum</i>	ho shou wu; fo-ti; fleece-flower root	<i>Polygonum multiflorum</i>
garden rue	<i>Ruta graveolens</i>	hollyhock; althea	<i>Althaea rosea</i>
garlic	<i>Allium sativa</i>	holy herb	<i>Eriodictyon californicum</i>
gastrodia; heavenly hemp	<i>Gastrodia elata</i>	holy thistle	<i>Cnicus benedictus</i>
gay gee	<i>Lycium chinensis</i>	Honduran sarsaparilla	<i>Smilax regelii</i>
gentian; Angostura Bitters	<i>Gentiana lutea</i>	hong hua	<i>Carthamus tinctorius</i>
gentiana	<i>Gentiana scabra</i>	hops	<i>Humulus lupulus</i>
German chamomile	<i>Matricaria recutita</i>	horehound; hoarhound	<i>Marrubium vulgare</i>
ginger; Jamaica ginger; African ginger; Cohin ginger; gan-jian	<i>Zingiber officinale</i>	horseheal	<i>Inula helenium</i>
ginkgo; ginkgo nut; maidenhair tree	<i>Ginkgo biloba</i>	horsehoof	<i>Tussilago farfara</i>
ginseng, Asian	<i>Panax ginseng</i>	horsetail	<i>Equisetum arvense</i>
ginseng, American	<i>Panax quinquefolius</i>	huang chi	<i>Astragalus membranaceus</i>
ginseng; jen sheng; shiu chu root; ren sheng	<i>Panax ginseng</i>	huang chi	<i>Scutellaria lateriflora</i>
ginseng, Siberian	<i>Eleutherococcus senticosus</i>	Hungarian camomile	<i>Matricaria recutita</i>
goat thorn	<i>Astragalus membranaceus</i>	hydrangea; seven barks	<i>Hydrangea arborescens</i>
golden senecio	<i>Senecio aureus</i>	hydrastis	<i>Hydrastis canadensis</i>
goldenseal; puccoon root; yellowroot; hydrastis	<i>Hydrastis canadensis</i>	hydrocotyle	<i>Centella asiatica</i>

Common Name	Scientific Name	Common Name	Scientific Name
hyssop	<i>Hyssopus officinalis</i>	lady slipper; nerveroot	<i>Cypripedium calceolus</i>
Iceland moss; Iceland lichen	<i>Cetraria islandica</i>	lady's mantle	<i>Alchemilla xanthochlora</i>
Indian corn	<i>Zea mays</i>	laetrile	<i>Prunus armeniaca</i>
Indian gooseberry	<i>Terminalia bellerica</i>	lapacho	<i>Tabebuia avellaneda</i>
Indian pennywort	<i>Centella asiatica</i>	lapacho colorado	<i>Tabebuia avellaneda</i>
Indian physic	<i>Gillenia trifoliata</i>	lapacho morado	<i>Tabebuia avellaneda</i>
Indian sarsaparilla	<i>Hemidesmus indicus</i>	lappa	<i>Arctium lappa</i>
Indian squill	<i>Urginea indica</i>	larch moss	<i>Usnea barbata</i>
Indian tan plant	<i>Rumex hymenosepalus</i>	larkspur	<i>Consolida regalis</i>
Indian tobacco	<i>Lobelia inflata</i>	laurel camphor	<i>Cinnamomum camphora</i>
indigo	<i>Indigofera tinctoria</i>	lavender; garden lavender	<i>Lavandula angustifolia</i>
indigoweed	<i>Baptisia tinctoria</i>	leek	<i>Allium ampeloprasum</i>
ipecacuanha	<i>Cephaelis ipecacuanha</i>	lemon balm; melissa; balm	<i>Melissa officinalis</i>
ipecac	<i>Cephaelis ipecacuanha</i>	lemongrass	<i>Cymbopogon citratus</i>
ipe roxo	<i>Tabebuia avellaneda</i>	lemon verbena	<i>Aloysia triphylla</i>
Irish moss; carageenin; carageenan	<i>Chondrus crispus</i>	leopard's bane	<i>Arnica montana</i>
ispaghul	<i>Plantago ovata</i>	lettuce opium; lactucarium; wild lettuce	<i>Lactuca virosa</i>
Jamaican ginger	<i>Zingiber officinale</i>	licorice; gan t'sao	<i>Glycyrrhiza glabra</i>
Jamaican sorrel	<i>Hibiscus sabdariffa</i>	life root; golden senecio; ragwort; false valerian; squaw weed	<i>Senecio aureus</i>
Jamestown weed	<i>Datura stramonium</i>	ligustrum	<i>Ligustrum lucidum</i>
Japanese honeysuckle; yin hua	<i>Lonicera japonica</i>	lily of the valley	<i>Convallaria majalis</i>
Japanese turf lily; creeping lily root; dwarf lilyturf	<i>Ophiopogon japonicus</i>	lime flowers	<i>Tilia cordata</i>
jen sheng	<i>Panax ginseng</i>	linden; linden flower	<i>Tilia cordata</i>
Jesuit's bark	<i>Chincona</i> spp.	ling zhi	<i>Gandoderma lucidum</i>
jie geng	<i>Platycodon grandiflorum</i>	lion's-tail	<i>Leonurus cardiaca</i>
jimson weed; stink weed; thorn apple; datura Jamestown weed	<i>Datura stramonium</i>	liver lily	<i>Iris versicolor</i>
Job's tears	<i>Coix lachryma jobi</i>	lobelia; Indian tobacco; pukeweed	<i>Lobelia inflata</i>
Joe-Pye weed	<i>Eupatorium purpureum</i>	long yen rou	<i>Euphorbia longana</i>
jojoba oil	<i>Simmondsia chinensis</i>	longan berries; dragon's eyes	<i>Euphorbia longana</i>
Joshua tree	<i>Yucca brevifolia</i>	loquat	<i>Eriobotrya japonica</i>
jujube date; da t'sao	<i>Ziziphus jujube</i>	lovage	<i>Levisticum officinale</i>
juniper	<i>Juniperus communis</i>	love lies bleeding	<i>Amaranthus caudatus</i>
karaya gum	<i>Sterculia urens</i>	luceme	<i>Medicago sativa</i>
kava; kava kava; kawa	<i>Piper methysticum</i>	lungwort; blue cowslip	<i>Pulmonaria angustifolia</i>
kelp; bladderwrack	<i>Fucus vesiculosus</i>	lusty goatherb	<i>Epidemium pidemium grandiflorum</i>
khat	<i>Catha edulis</i>	lycii; gay gee	<i>Lycium chinensis</i>
knee holy	<i>Ruscus aculeatus</i>	lycium fruit	<i>Lycium chinensis</i>
knitbone	<i>Symphytum officinale</i>	ma huang; ephedra	<i>Ephedra sinica</i>
ko ken	<i>Pueraria lobata</i>	Maggi plant	<i>Levisticum officinale</i>
kola; cola; kola nut, kolanut; guru nut	<i>Cola nitida</i>	magnolia buds	<i>Magnolia lilliflora</i>
ku xing ren; persica; apricot kernel oil	<i>Prunus armeniaca</i>	maidenhair tree	<i>Ginkgo biloba</i>
kudzu	<i>Pueraria lobata</i>	maize	<i>Zea mays</i>
kumari	<i>Aloe barbadensis</i>	Malabar tamarind	<i>Garcinia cambogia</i>
kuzu root	<i>Pueraria lobata</i>	malva; marshmallow; marsh mallow	<i>Malva sylvestris</i>
lactucarium	<i>Lactuca virosa</i>	mandrake	<i>Podophyllum peltatum</i>
		margosa	<i>Azadirachta indica</i>
		Marian thistle	<i>Silibum marianum</i>

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marigold, common	<i>Calendula officinalis</i>	nasturtium	<i>Tropaeolum spp.</i>
marigold, African	<i>Tagetes spp.</i>	neem tree; azedarach; Melia; nim; margosa	<i>Azadirachta indica</i>
marjoram	<i>Origanum majorana</i>	nerveroot	<i>Cypripedium calceolus</i>
marsh drain	<i>Alisma plantago-acquatica</i>	nettle; stinging nettle	<i>Urtica dioica</i>
marsh tea	<i>Ledum palustre</i>	night-blooming cereus	<i>Selenicereus grandiflorus</i>
marshmallow	<i>Malva sylvestris</i>	nim	<i>Azadirachta indica</i>
maté	<i>Ilex paraguariensis</i>	North American calamus; type I calamus	<i>Acorus americanus</i>
mayapple; mandrake; vegetable calomel; devil's-apple	<i>Podophyllum peltatum</i>	nosebleed	<i>Achillea millefolium</i>
Melia	<i>Azadirachta indica</i>	notoginseng root	<i>Panax notoginseng</i>
melissa	<i>Melissa officinalis</i>	nut-grass rhizome	<i>Cyperus rotundus</i>
Mexican sarsaparilla	<i>Smilax aristolochiaefolia</i>	nutmeg	<i>Myristica fragrans</i>
Mexican scammany	<i>Convovulus scammonia</i>	oak	<i>Quercus spp.</i>
Mexican vanilla	<i>Vanilla planifolia</i>	oats; oat bran; oat groats	<i>Avena sativa</i>
Mexican wild yam	<i>Dioscorea floribunda</i>	old man's beard	<i>Usnea barbata</i>
Mexican wormseed	<i>Chenopodium ambrosoides</i>	onion	<i>Allium cepa</i>
milfoil	<i>Achillea millefolium</i>	Oregon grape	<i>Mahonia aquifolium</i>
milk thistle; Marian thistle; St. Mary thistle; Our Lady thistle	<i>Silybum marianum</i>	ostrich fern	<i>Matteuccia struthiopteris</i>
milk vetch root	<i>Astragalus membranaceus</i>	ouabain	<i>Strophanthus gratus</i>
mistletoe, European	<i>Viscum album</i>	Our Lady's thistle	<i>Silybum marianum</i>
Mohave yucca	<i>Yucca schidigera</i>	Our-Lord's-candle	<i>Yucca whipplei</i>
monk pepper	<i>Vitex agnus-castus</i>	pai shu; atractylodes	<i>Atractylodes macrocephala</i>
monkshood	<i>Aconitum carnichaeli</i>	palma Christi	<i>Ricinius communis</i>
Mormon tea; popotillo; Brigham tea; teamster tea; squaw tea	<i>Ephedra nevadensis</i>	pangamic acid; vitamin B15; pangamate; calcium pangamate	not a biological
morning glory	<i>Ipomoea purpurea</i>	papaya; papain	<i>Carica papaya</i>
mother herb	<i>Leonurus cardiaca</i>	papoose root	<i>Caulophyllum thalictroides</i>
motherwort; lion's-tail; yi mu cao	<i>Leonurus cardiaca</i>	para toda	<i>Pfaffia paniculata</i>
mountain balm	<i>Eriodycton californicum</i>	parsley	<i>Petroselinum crispum</i>
moxa	<i>Artemisia vulgaris</i>	partridgeberry	<i>Mitchella repens</i>
mugwort	<i>Artemisia vulgaris</i>	passion flower; passionflower	<i>Passiflora incarnata</i>
mugo pine (oil)	<i>Pinus mugo</i>	patchouli	<i>Agastache rugosa</i>
muiira puama; potency wood	<i>Ptychopetalum olacoides</i>	pau d'arco; ipe roxo; lapacho; taheebo tea; lapacho colorado, lapacho morado	<i>Tabebuia avellanedae</i>
muiira puama; potency wood	<i>Liriosma ovata</i>	pau d'arco; lapacho; tabebuia; purple lapacho	<i>Tabebuia heptaphylla</i>
mulberry; white mulberry	<i>Morus alba</i>	peach kernel oil	<i>Prunus persica</i>
mullein	<i>Verbascum thapsus</i>	pearl barley	<i>Hordeum vulgare</i>
mustard, black	<i>Brassica nigra</i>	pennyroyal, American	<i>Hedeoma pulegioides</i>
mustard, white	<i>Brassica alba</i>	pennyroyal, European or Old World	<i>Mentha pulegium</i>
myrobalan, beleric; triphala; bhibitaki	<i>Terminalia bellerica</i>	peony; shao-yao	<i>Paeonia lactiflora</i>
myrobalan, chebulic; triphala; ho-tzu ch	<i>Terminalia chebula</i>	pepo	<i>Cucurbita pepo</i>
myrobalan, emblic; triphala; Indian gooseberry	<i>Phyllanthus emblica</i>	peppermint	<i>Mentha piperata</i>
myrrh; guggul	<i>Commiphora myrrha</i>	periwinkle	<i>Vinca rosea</i>
myrtle	<i>Myrica cerifera</i>	persic oil; peach kernel oil	<i>Prunus persica</i>
narrow-leaved purple triphala; cone flower	<i>Echinacea angustifolia</i>	persica	<i>Prunus armeniaca</i>
		Peruvian bark	<i>Cinchona spp.</i>
		pettier	<i>Ruscus aculeatus</i>

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physic root	<i>Leptandra virginica</i>	rauwolfia	<i>Rauwolfia serpentina</i>
physostigma	<i>Physostigma venenosum</i>	red bush tea; rooibos tea	<i>Aspalathus linearis</i>
pilewort	<i>Ranunculus ficaria</i>	red clover	<i>Trifolium pratense</i>
pimento; pimenta	<i>Pimenta officinalis</i>	red cockscomb	<i>Amaranthus hybridus</i>
pine-needle oil	<i>Pinus mugo</i>	red elder	<i>Sambucus racemosa</i>
pink skullcap	<i>Teucrium canadense</i>	red elm	<i>Ulmus rubra</i>
pipperidge bush	<i>Berberis vulgaris</i>	red flower	<i>Carthamus tinctorius</i>
pipsissewa; prince pine; ground holly	<i>Chimaphilia umbellata</i>	red Indian paint	<i>Sanguinaria canadensis</i>
plantago; Englishman's foot; greater plantain; ribwort	<i>Plantago lanceolata</i>	red squill	<i>Urginea maritima</i>
platycodon; jie geng	<i>Platycodon grandiflorum</i>	red tea	<i>Hibiscus sabdariffa</i>
pleurisy root; butterfly weed	<i>Asclepias tuberosa</i>	red valerian	<i>Centranthus ruber</i>
pogostemon	<i>Agastache rugosa</i>	redroot	<i>Sanguinaria canadensis</i>
poison flag; wild iris	<i>Iris versicolor</i>	rehmannia; sok day; san day; Chinese floglove root	<i>Rehmannia glutinosa</i>
poison sumac	<i>Rhus venenata</i>	reishi	<i>Ganoderma lucidum</i>
poison ivy	<i>Rhus toxicodendron</i>	ren sheng	<i>Panax ginseng</i>
poke; pokeweed; pokeroor	<i>Phytolacca americana</i>	rheumatism root	<i>Dioscorea paniculata</i>
popotillo	<i>Ephedra nevadensis</i>	rhubarb; Chinese rhubarb; da huang; Turkey rhubarb; garden rhubarb	<i>Rheum palmatum</i>
poppy, opium	<i>Papaver somniferum</i>	ribwort	<i>Plantago lanceolata</i>
poppy, red	<i>Papaver rhoeas</i>	rice; rice bran	<i>Oryza sativa</i>
potency wood	<i>Ptychopetalum olacoides</i>	Roman chamomile	<i>Chamaemelum nobile</i>
prairie	<i>Echinacea angustifolia</i>	rooibos tea	<i>Aspalathus linearis</i>
prairie dock	<i>Parthenium integrifolium</i>	rose hip	<i>Rosa canina</i>
prelate	<i>Hordeum vulgare</i>	roselle	<i>Hibiscus sabdariffa</i>
prickly ash; toothache tree	<i>Zanthoxylum americanum</i>	rosemary	<i>Rosmarinus officinalis</i>
prickly comfrey	<i>Symphytum asperum</i>	rue; garden rue	<i>Ruta graveolens</i>
prince pine	<i>Chimiphilia umbellata</i>	Russian comfrey	<i>Symphytum x uplandicum</i>
privet fruit; ligustrum	<i>Ligustrum lucidum</i>	Russian fly	<i>Lytta (Cantharis) vesicatoria</i>
psyllium; ispaghul	<i>Plantago ovata</i>	sabal	<i>Serenoa repens</i>
puccoon root	<i>Hydrastis canadensis</i>	sacred bark	<i>Rhamnus purshiana</i>
pueraria; ko ken; kudzu; kuzu root	<i>Pueraria lobata</i>	safflower; hong hua; red flower	<i>Carthamus tinctorius</i>
pukeweed	<i>Lobelia inflata</i>	saffron	<i>Crocus sativus</i>
pumpkin seeds; popo	<i>Cucurbita pepo</i>	sage	<i>Salvia officinalis</i>
punk tree	<i>Melaleuca leucadendron</i>	salad burnet	<i>Sanguisorba minor</i>
purple lapacho	<i>Tabebuia avellenedae</i>	salsify	<i>Symphytum officinale</i>
purple cone flower	<i>Echinacea angustifolia</i>	salvia; dang shen	<i>Salvia miltiorrhiza</i>
Pycnogenol	<i>Pinus pinaster</i>	san day	<i>Rehmannia glutinosa</i>
pygeum	<i>Prunus africana</i>	san qui ginseng; tienchi ginseng; sanchi ginseng	<i>Panax pseudo-ginseng</i>
quaking aspen	<i>Populus balsamifera</i>	sandalwood (oil); santal (oil)	<i>Santalum album</i>
queen of the meadow	<i>Eupatorium purpureum</i>	sanguisorba -see- burnet	<i>Santalum album</i>
quillaja; soapbark	<i>Quillaja saponaria</i>	santal oil	<i>Sargassum pallidum</i>
quina, quinaquina, quinaquina	<i>Cinchona</i> spp.	sargassum seaweed	<i>Smilax medica</i>
quinine; cinchona bark; Peruvian bark; Jesuits' bark	<i>Cinchona</i> spp.	sarsaparilla	<i>Smilax febrifuga</i>
ragwort	<i>Senecio aureus</i>	sarsaparilla, Ecuadorian	<i>Smilax regelii</i>
ranunculus	<i>Ranunculus</i> spp.	sarsaparilla, Honduran	<i>Hemidesmus indicus</i>
raspberry	<i>Rubus idaeus</i>	sarsaparilla, Indian	<i>Smilax ornata</i>
rattle root	<i>Cimicifuga racemosa</i>	sarsaparilla, Jamaican	

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sassafras	<i>Sassafras albidum</i>	spurge	<i>Lobelia</i> spp.
saussurea	<i>Aucklandia lappa</i>	squaw root	<i>Caulophyllum thalictroides</i>
saw palmetto; sabal	<i>Serenoa repens</i>	squaw tea	<i>Ephedra nevadensis</i>
scabwort	<i>Inula helenium</i>	squaw weed	<i>Senecio aureus</i>
scallion	<i>Allium fistulosum</i>	squawvine; partridgeberry	<i>Mitchella repens</i>
scammany; Mexican scammany; scammony	<i>Convolvulus scammonia</i>	squill, Lebanon	<i>Puschkinia scilloides libanotica</i>
schisandra	<i>Schisandra chinensis</i>	squill, Siberian	<i>Scilla sibirica</i>
scilla, urginea	<i>Urginea maritima</i>	squill; scilla, urginea; sea onion; red squill; white squill	<i>Urginea maritima</i>
Scotch bloom	<i>Cystis scoparius</i>	St. Benedict's thistle	<i>Cnicus benedictus</i>
scullcap; skullcap; blue skullcap; huang chi; scutellaria	<i>Scutellaria lateriflora</i>	St. Ignatius bean	<i>Ignatia amara</i>
scutellaria	<i>Scutellaria lateriflora</i>	St. John's wort	<i>Hypericum perforatum</i>
sea onion	<i>Urginea maritima</i>	St. Mary's thistle	<i>Silybum marianum</i>
sedge root	<i>Cyperus rotundus</i>	stagbush	<i>Viburnum prunifolium</i>
senega snakeroot; seneca snakeroot; senega	<i>Polygala senega</i>	starweed	<i>Stellaria media</i>
senna; Tinnevelley senna	<i>Cassia senna</i>	sterculia gum; karaya gum	<i>Sterculia urens</i>
sesame (oil)	<i>Sesamum indicum</i>	sticklewort	<i>Agrimonia eupatoria</i>
seven barks	<i>Hydrangea aborescens</i>	stigmata maydis	<i>Zea mays</i>
shallot	<i>Allium ascalonicum</i>	stinging nettle	<i>Urtica dioica</i>
shao-yao	<i>Paeonia lactiflora</i>	stink weed	<i>Datura stramonium</i>
sheep sorrel	<i>Rumex acetosella</i>	stoneroot	<i>Collinsonia canadensis</i>
shepherd's purse	<i>Capsella bursa-pastoris</i>	storksbill	<i>Geranium maculata</i>
shiitake	<i>Lentinula edodes</i>	strychnine	<i>Strychnos nux-vomica</i>
shiu chu root	<i>Panax ginseng</i>	succory	<i>Chicory intylbous</i>
Siberian ginseng; eleutherococcus; eleuthero; ciwujia; wujiaseng	<i>Eleutherococcus senticosus</i>	Sudanese tea	<i>Hybiscus sabdariffa</i>
sileris; fang feng	<i>Ledebouriella divaricata</i>	suma; para toda; Brazilian ginseng	<i>Pfaffia paniculata</i>
silk vine	<i>Periploca sepium</i>	summer savory; Bohnenkraut	<i>Satureja hortensis</i>
silver linden	<i>Tilia tomentosa</i>	sweet broom	<i>Ruscus aculeatus</i>
single camomile	<i>Chamomilla recutita</i>	sweet flag	<i>Acorn calamus</i>
skullcap	<i>Scutellaria lateriflora</i>	sweet gum	<i>Liquidambar</i> spp.
slippery elm; red elm	<i>Ulmus rubra</i>	sweet sedge	<i>Acorn calamus</i>
snakeweed	<i>Polygonum bistorta</i>	sweet violet	<i>Viola odorata</i>
snowball tree	<i>Viburnum opulus</i>	tabebuia	<i>Tabebuia avellanedae</i>
soapbark	<i>Quillaja saponaria</i>	taheebo tea	<i>Tabebuia avellanedae</i>
soapweed	<i>Yucca glauca</i>	Tahitian vanilla	<i>Vanilla tahitensis</i>
sok day	<i>Rehmannia glutinosa</i>	tamarind	<i>Tamarindus indica</i>
soldier's woundwort	<i>Achillea millefolium</i>	tang kwei; tang kuei	<i>Angelica sinensis</i>
Somalian myrrh	<i>Commiphora molmol</i>	tang shen	<i>Codonopsis pilosula</i>
sourdock	<i>Rumex crispus</i>	tangerine peel	<i>Citrus reticulata</i>
Spanish bayonet	<i>Yucca aloifolia</i>	tansy	<i>Tanacetum vulgare</i>
Spanish broom; gorse	<i>Spartium junceum</i>	tea; black tea	<i>Camellia sinensis</i>
Spanish fly; Russian fly	<i>Lytta (Cantharis) vesicatoria</i>	teamster tea	<i>Ephedra nevadensis</i>
sparrowgrass	<i>Asparagus officinalis</i>	tea tree; tea tree (oil)	<i>Melaleuca alternifolia</i>
spearmint; garden mint	<i>Mentha spicata</i>	tea tree	<i>Melaleuca leucadendron</i>
spikenard	<i>Aralia racemosa</i>	tecuitlatl	<i>Spirulina maxima</i>
spirea	<i>Spiraea</i> spp.	tetterwort	<i>Sanguinaria canadensis</i>
spirulina; dihe; tecuitlatl; blue-green algae	<i>Spirulina maxima</i>	Teufelskralle	<i>Harpagophytum procumbens</i>
		thorn apple	<i>Datura stramonium</i>
		thoroughwort	<i>Eupatorium perfoliatum</i>

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thyme	<i>Thymus vulgaris</i>	wild geranium	<i>Geranium maculatum</i>
tienchi ginseng	<i>Panax pseudo-ginseng</i>	wild ginger; xi xin	<i>Asarium heterotropoides</i>
tienchi; notoginseng root	<i>Panax notoginseng</i>	wild hops	<i>Bryonia alba</i>
Tinnevelley senna	<i>Cassia senna</i>	wild indigo	<i>Baptisia tinctoria</i>
tolu; tolu balsam	<i>Toluidifera balsamum</i>	wild iris	<i>Iris versicolor</i>
toothache tree	<i>Zanthoxylum americanum</i>	wild lettuce	<i>Lactuca virosa</i>
toothpick ammi	<i>Ammi visagna</i>	wild radish	<i>Raphanus raphanistrum</i>
triphala	<i>Terminalia bellerica, T. chebula</i>	wild red American ginseng	<i>Rumex hymenosepalus</i>
Turkey rhubarb	<i>Rheum palmatum</i>	wild red desert ginseng	<i>Rumex hymenosepalus</i>
turmeric	<i>Curcuma longa</i>	wild yam; colicroot; rheumatism root	<i>Dioscorea paniculata</i>
type I calamus	<i>Acorus americanus</i>	willow; white willow	<i>Salix alba</i>
type II calamus	<i>Acorus calamus</i>	windflower	<i>Pulsatilla nigricans</i>
una de gato	<i>Uncaria tomentosa</i>	winter savory	<i>Satureja montana</i>
unicorn root	<i>Aletris farinosa</i>	witch hazel	<i>Hamamelis virginiana</i>
usnea; beard lichen; larch moss; old man's beard	<i>Usnea barbata</i>	wood betony	<i>Betonica officinalis</i>
uva ursi; bearberry	<i>Arctostaphylos uva-ursi</i>	wood spider	<i>Harpagophytum procumbens</i>
valerian	<i>Valeriana officinalis</i>	wujiaseng	<i>Eleutherococcus senticosus</i>
vanilla; Bourbon vanilla; Mexican vanilla	<i>Vanilla planifolia</i>	xi xin	<i>Asarium heterotropoides</i>
vanilla; Tahitian vanilla	<i>Vanilla tahitensis</i>	yarrow; soldier's woundwort; nosebleed; milfoil	<i>Achillea millefolium</i>
vegetable calomel	<i>Podophyllum peltatum</i>	yaupon hollies	<i>Ilex cassine</i>
veronica	<i>Veronica spp.</i>	yellow dock; broad leaved dock; curly dock; sourdock; curled dock	<i>Rumex crispus</i>
vervain; blue vervain	<i>Verbena officinalis</i>	yellow jasmine	<i>Gelsemium sempervirens</i>
violet; sweet violet	<i>Viola odorata</i>	yellowroot	<i>Hydrastis canadensis</i>
vitamin B17	<i>Primus armeniaca</i>	yerba santa; holy herb; mountain balm	<i>Eriodictyon californicum</i>
vitex	<i>Vitex agnus-castus</i>	yi mu cao	<i>Leonurus cardiaca</i>
walnut, black	<i>Juglans nigra</i>	yin hua	<i>Leonurus japonica</i>
watercress	<i>Nasturtium officinale</i>	yohimbe	<i>Pausinystalia yohimba</i>
water hemlock (poisonous)	<i>Cicuta maculata</i>	yucca; Joshua tree	<i>Yucca brevifolia</i>
water plantain	<i>Alisma plantago-aquatica</i>	yucca; Mohave yucca	<i>Yucca schidigera</i>
waxberry	<i>Myrica pennsylvania</i>	yucca; our-Lord's-candle	<i>Yucca whipplei</i>
wax myrtle	<i>Myrica cerifera; M. pennsylvania</i>	yucca; soapweed	<i>Yucca glauca</i>
wheat; wheat bran	<i>Triticum aestivum</i>	yucca; Spanish bayonet; dagger plant	<i>Yucca aloifolia</i>
white mulberry	<i>Morus alba</i>	yumixu	<i>Zea mays</i>
white poplar	<i>Populus balsamifera</i>		
white squill	<i>Urginea maritima</i>		
white tea tree	<i>Melaleuca leucadendron</i>		
white willow	<i>Salix alba</i>		
wild cherry bark	<i>Prunus serotina</i>		